

# WOMEN'S HISTORY MONTH

VALIENT WOMEN OF THE VOTE - REFUSING TO BE SILENT



## THE BEGINNING

Women's History Month started as 'Women's History Week'; a local event in Santa Rosa, California, in 1978, but in 1987 an American Public Law was passed, identifying March as 'Women's History Month'. Since then, other countries have joined the celebration every year.

# THE PRESENT

Every year, The National Women's History Alliance chooses a theme to focus on during Women's History Month. 2021's theme captures the spirit of the challenges we've faced due to COVID-19 and because many of the celebrations originally planned for 2020 were restricted, the National Women's Alliance is extending the 2020 theme into 2021.

**"VALIANT WOMEN OF THE VOTE:**

**REFUSING TO BE SILENCED"**



# Making

8 THINGS YOU CAN DO TO HELP  
WORLDWIDE WOMEN'S RIGHTS

# HERstory

## 1. RAISE YOUR VOICE

By raising your voice for women's rights and gender equality, you can spread awareness and break down barriers; a conversation, speaking up in class, asking a question. It all counts.

## 2. SUPPORT ONE ANOTHER

Whatever your gender or sexuality, equality should be something that's championed. This will always be a group effort and there is undeniable strength in numbers.

## 3. SHARE THE WORKLOAD

Empowering women can start at home! Trying not to reinforce gender stereotypes with the housework or daily tasks is a simple way to introduce female empowerment into your daily routine.

## 4. GET INVOLVED

On a grand scale by volunteering for a women's rights organisation, or dipping your toes in by reading this; just gaining knowledge is powerful.

## 5. EDUCATE THE NEXT GENERATION

Times are changing and we need to move with the times. What was acceptable in history, isn't so much now and we don't want history repeating itself; teaching the next generation about equality in any way will ensure it doesn't.

## 6. KNOW YOUR RIGHTS

Knowing your rights is a powerful way to protect yourself and others from unlawful behaviour. It's a sure-fire way to intelligently fight for what you believe in.

## 7. JOIN THE CONVERSATION

Social media has become the go-to platform for movement for change. This year's hashtag for International Women's Day is #choosetochallenge - Check it out!

## 8. GIVE TO THE CAUSE

Your time or money; either is priceless when fighting for women's rights and equality.

